

- Open-front design gives users freedom of movement
- Includes adjustable safety bars, straight chin bar, bar storage, band storage and weight storage
- Also available in a 2.7 m / 9' tall configuration (MG-A690-9)
- Product Weight = 195 kg / 430 lbs.
- Overall Dimensions (L x W x H) = 166.5 x 187 x 256.5 cm / 65.5" x 73.5" x 101"



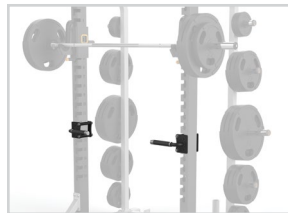
DIP BARS – OPT3

Product Weight: 16 kg / 35 lbs.
Overall Dimensions (L x W x H):
 89 x 5 x 25 cm / 35" x 2" x 10"
 ■ Used on any Half Rack for body-weight dips
 ■ Available only in Ridge Black



2-PEG BAND PEGS – OPT5

Product Weight: 7 kg / 14 lbs.
Overall Dimensions (L x W x H):
 39 x 44 x 7 cm / 15" x 17" x 2.5"
 ■ Band pegs provide added training variety
 ■ Available only in Ridge Black



SQUAT HANDLES – OPT6

Product Weight: 8 kg / 16 lbs.
Overall Dimensions (L x W x H):
 23 x 23 x 13 cm / 9" x 9" x 5"
 ■ Squat handles can be set at any height on all rack uprights
 ■ Available only in Ridge Black



STEP-UP PLATFORM – OPT7

Product Weight: 19 kg / 41 lbs.
Overall Dimensions (L x W x H):
 81 x 61 x 36 cm / 32" x 24" x 14"
 ■ Adjustable height platform provides additional body-weight exercises for use with Half Racks
 ■ Available only in Ridge Black



TECHNIQUE SCOOPS – OPT8

Product Weight: 39 kg / 86 lbs.
Overall Dimensions (L x W x H):
 66 x 41 x 38 cm / 26" x 16" x 15"
 ■ Large cradles accept bumper plates to assist with Olympic lifts and customized takeoff heights
 ■ Available only in Ridge Black



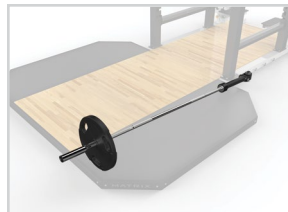
CUSTOM PLATFORM LOGO – OPT10

Product Weight: N/A
Overall Dimensions (L x W x H):
 N/A
 ■ Display your facility logo proudly with this option



PLATFORM RAMP – OPT11

Product Weight: 10 kg / 22 lbs.
Overall Dimensions (L x W x H):
 15 x 107 x 8 cm / 6" x 42" x 3"
 ■ Ramp allows for gradual incline to the Half Rack platform
 ■ Replaces standard platform framework
 ■ Available only in Ridge Black



LAND MINE ATTACHMENT – OPT13

Product Weight: 9 kg / 20 lbs.
Overall Dimensions (L x W x H):
 48 x 30 x 13 cm / 19" x 12" x 5"
 ■ Attaches to any Half Rack for rotational training (bar not included)
 ■ Available only in Ridge Black



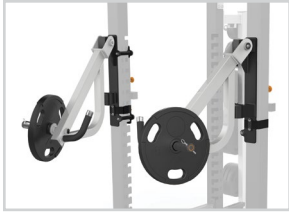
NAMEPLATE – UNIVERSAL MOUNT – OPT14U

Product Weight: 2 kg / 5 lbs.
Overall Dimensions (L x W x H):
 102 x 1 x 20 cm / 40" x .25" x 8"
 ■ Display your logo proudly above your Half Rack
 ■ Same as frame color



CORE HANDLE – OPT16

Product Weight: 5 kg / 10 lbs.
Overall Dimensions (L x W x H):
 48 x 79 x 5 cm / 19" x 31" x 2"
 ■ Used with an Olympic bar and Land Mine Attachment for added training variety
 ■ Available only in Ridge Black



JAMMIN ARMS – OPT17

Product Weight: 49 kg / 108 lbs.

Overall Dimensions (L x W x H):
94 x 53 x 94 cm / 37" x 21" x 37"

- Angled pressing arms can be placed at 13 different heights for added training variety
- Available in standard colors

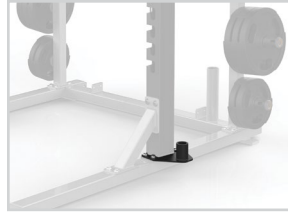


JAMMIN ARMS W/BAND ATTACHMENT – OPT17B

Product Weight: 52 kg / 114 lbs.

Overall Dimensions (L x W x H):
107 x 56 x 97 cm / 42" x 22" x 38"

- Angled pressing arms with band attachments for added training variety with speed and resistance
- Available in standard colors



SAFETY ARM STORAGE (PAIR) – OPT21

Product Weight: 3 kg / 6 lbs.

Overall Dimensions (L x W x H):
20 x 20 x 8 cm / 8" x 8" x 3"

- Bolt-on storage for safety arms provides easy access to arms when not in use
- Available only in Ridge Black

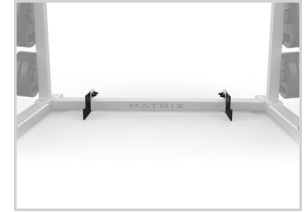


FAT BAR J-HOOKS – OPT26

Product Weight: 16 kg / 35 lbs.

Overall Dimensions (L x W x H):
47 x 18 x 34 cm / 19" x 4" x 13"

- Made of high-density polyethylene (HDPE) to protect bar knurling
- Oversized hooks accommodate large-diameter Olympic bars
- Available only in Ridge Black



DOCKING KIT W/O PLATFORM – OPT29

Product Weight: 3 kg / 5 lbs.

Overall Dimensions (L x W x H):
23 x 3 x 12 cm / 9" x 1" x 4.5"

- Connects MG-A695 and VY-D695 Horizontal Adjustment Benches directly to rack without a platform
- Available only in Ridge Black

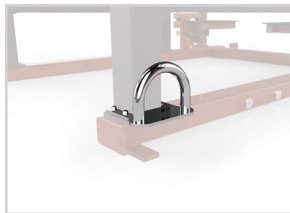


DOCKING KIT W/PLATFORM – OPT29P

Product Weight: 2 kg / 3 lbs.

Overall Dimensions (L x W x H):
23 x 3 x 7 cm / 9" x 1" x 2.5"

- Connects MG-A695 and VY-D695 Horizontal Adjustment Benches directly to rack when using a platform
- Available only in Ridge Black



BATTLE ROPE ATTACHMENT – OPT31

Product Weight: 4 kg / 7 lbs.

Overall Dimensions (L x W x H):
18 x 23 x 17 cm / 7" x 9" x 7"

- For rope training as an anchor point on any version of our Magnum Half Racks
- Available only in Chrome



DUAL OLYMPIC BAR STORAGE – OPT41

Product Weight: 12.7 kg / 28 lbs.

Overall Dimensions (L x W x H):
16 x 110 x 31 cm / 6" x 43" x 12"

- Vertical Olympic bar storage
- Replaces standard equipment
- Same as frame color



ROTATING CHIN HANDLES – OPT42

Product Weight: 11 kg / 23 lbs.

Overall Dimensions (L x W x H):
110 x 16.5 x 33 cm / 43" x 6.5" x 13"

- Handles rotate into multiple positions for added exercise variety
- Replaces standard equipment
- Available only in Ridge Black

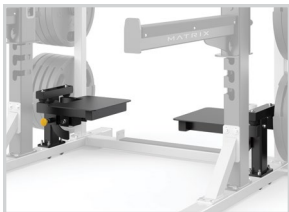


BOLT-ON OLYMPIC BAR HOLDER (PAIR) – OPT44

Product Weight: 5.7 kg / 12.5 lbs. (Pair)

Overall Dimensions (L x W x H):
23.2 x 10.2 x 27 cm / 9.25" x 4" x 10.6"

- Two bolt-on vertical Olympic bar holders
- Available only in Ridge Black



BOLT-ON SPOTTER STANDS – OPT45

Product Weight: 31 kg / 68 lbs.

Overall Dimensions (L x W x H):
38 x 81.5 x 29.5 cm / 15" x 32" x 11.5"

- Step-up platform used for assisting in heavy lifts
- Available only in Ridge Black

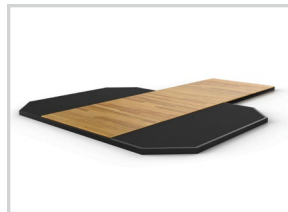


BOLT-ON FRONT BAND PEGS – OPT46

Product Weight: 4 kg / 9 lbs. (per side)

Overall Dimensions (L x W x H):
28 x 16 x 27 cm / 11" x 6.25" x 10.5" (per side)

- Band pegs provide added training variety
- Cannot be used in conjunction with OPT7 or OPT7R Step-up Platforms
- Available only in Ridge Black



PLATFORM W/HARDWOOD INSERT – A690P

Product Weight: 193 kg / 425 lbs.

Overall Dimensions (L x W x H):
331 x 254 x 7 cm / 130" x 100" x 2.5"

- Durable rubber training surface to absorb impact, dampen noise and protect flooring during Olympic lifts
- Hardwood center insert provides optimum foot grip and stability during explosive Olympic lifts



SOLID RUBBER SURFACE PLATFORM – RP901

Product Weight: 223 kg / 490 lbs.

Overall Dimensions (L x W x H):
331 x 254 x 7 cm / 130" x 100" x 2.5"

- Durable rubber training surface to absorb impact, dampen noise and protect flooring during Olympic lifts