

- 1:4 ratio for low starting resistance and high-speed
- movements available with 177 kg / 390 lbs. stacks
- swiveling accessory station accommodates more training handles and attachments
- multi-grip-position pull-up handles with unique rock climbing attachment
- integrated fold-away step for easy access



TECH SPECS

G3-MSFT 400	
Dimensions (L x W x H)	172 x 111 x 235 cm / 68" x 44" x 92.5"
Product Weight	1019 kg / 2244.5 lbs.
Weight Stack	2 x 176 kg / 2 x 390 lbs.