

S7200 HRT Suspension Elliptical™ Trainer



The S7200HRT Suspension Elliptical™ Trainer features PerfectStride™ technology, which combines an ideal stride motion, ergonomically-correct foot positioning, and optimal incline and stride length adjustments. The variable stride motion allows you to change the emphasis on the muscles being targeted during your workout. The unique suspension design provides an exceptionally smooth feel, utmost comfort, and unmatched accessibility.

KEY SPECS

Resistance System	ECB-Plus magnetic braking system
Resistance Range	1 – 24
Flywheel	23 lbs
Incline Range	13% - 39%
Pedals	Oversized with rubber insert
Stride length	20" to 23"
Pedal spacing	2"
Display	Easy-to-read LCD
Workout Feedback	Watts, Distance, Time, Heart Rate, Calories, RPM, Program, Level
Programs	Manual, Muscle Toner, Intervals, Fat Burn, Incline, Rolling Hills, Mountain
Heart Rate	Contact grips and wireless
Warranty	Lifetime frame and brake 5 years electronics and parts 2 years labor
User weight	350 lbs.
Assembled Dimensions & Weight	61.5" x 30" x 65" 240 lbs

