

Upgrade Sled-Pushes

Our unique design includes a sturdy, built-in bar that simulates sled pushing and pulling without needing the space to use a traditional sled. Multiple sled brake settings help coaches and trainers develop precise progression programs to maximize results.



Enhance Resistance Training

A parachute brake with multiple settings gives users the feel of real parachute resistance, perfect for resisted sprint drills without extra gear or access to a large track or field.



Augment Agility

Athletes can perform forward, lateral or reverse movements to maximize neuromuscular development and enhance agility. Full-length handrails offer stability as users switch rapidly from one phase of athletic movement to the next.



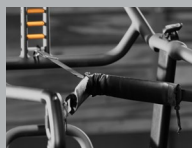
S-DRIVE
PERFORMANCE TRAINER

FEATURES

Resistance Type	Independent sled and parachute brakes
User Harness	Height adjustable and padded
Deck Type	Reversible silicone 2.5 cm / 1" deck
Belt Type	Habasit, 2-ply commercial grade
Running Area	152 x 51 cm / 60" x 22"
Step-on Height	17.8 cm / 7"
Incline Range	7° fixed
Speed Range	User-defined

TECH SPECS

Power Requirements	Self-powered
Sled Brake Maximum Resistance	122.5 kg / 270-lb. sled on natural turf
Assembled Dimensions (L x W x H)	195 x 88.3 x 150 cm / 76.8" x 34.8" x 59"
Max User Weight	182 kg / 400 lbs.
Assembled Weight	122.5 kg / 270 lbs.
Shipping Weight	145.2 kg / 320 lbs.



Adjustable Harness

Easily adjustable design offers a complete range of upper-body movement while helping coaches observe multiple sprint phases.



True Zero Start and Unlimited Top Speed

With no preset belt speeds, users can match their workout to their needs and fitness goals.



Low-Inertia Design

Offers true-to-life ground reaction force and quick deceleration, great for high-intensity interval training.