



Assembly Guide

R2000
SEMI-RECUMBENT FITNESS CYCLE



R 2000

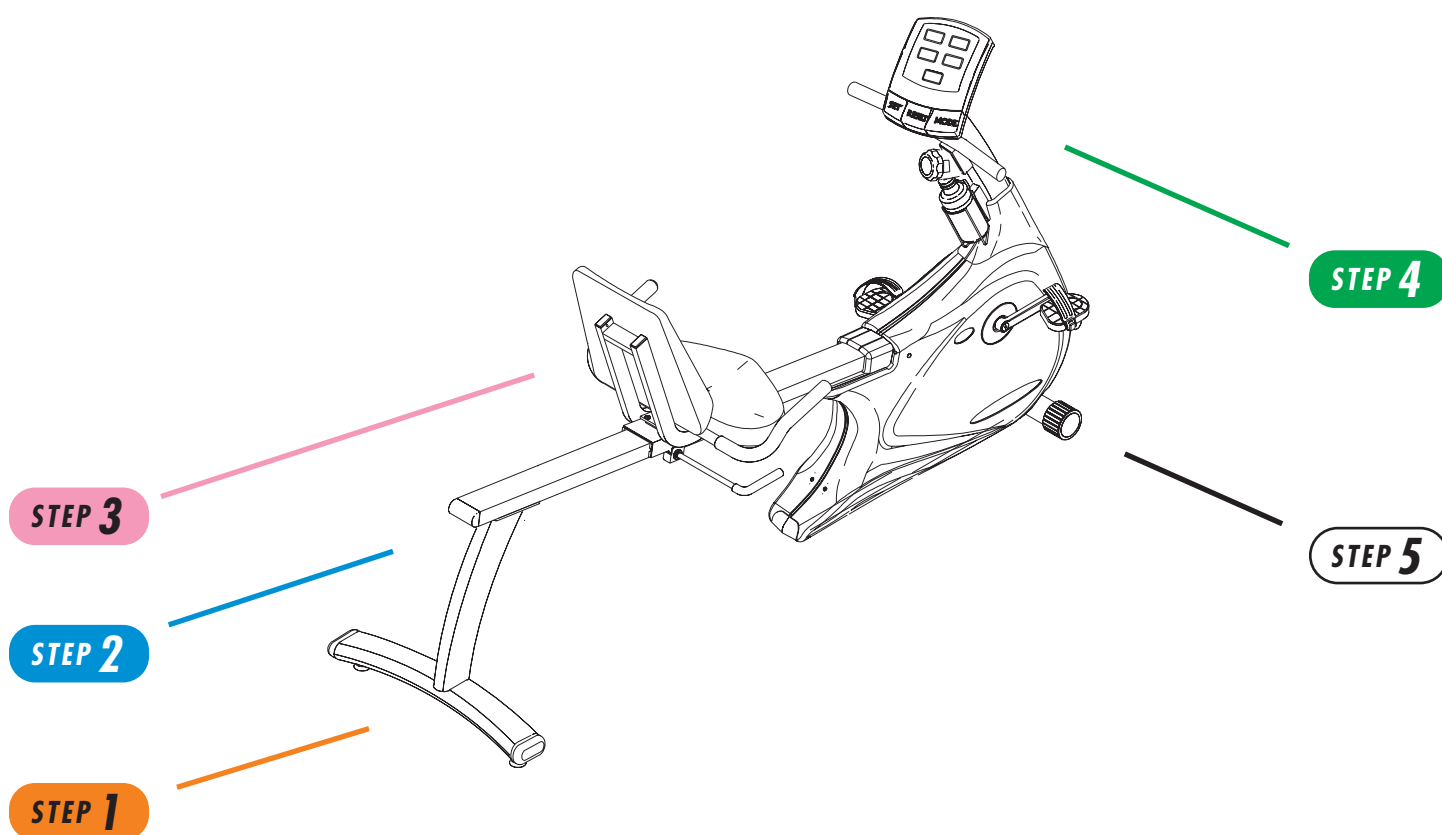
semi-recumbent fitness cycle

To avoid possible damage to this Fitness Cycle, please follow these assembly steps in the correct order. Before proceeding though, find your new Fitness Cycle's serial number located on the front axle tube, and enter here:

Refer to this number when calling for service, and also enter this serial number on your Warranty Card and in your own records. Be sure to read your Owner's Guide before using your new Fitness Cycle.

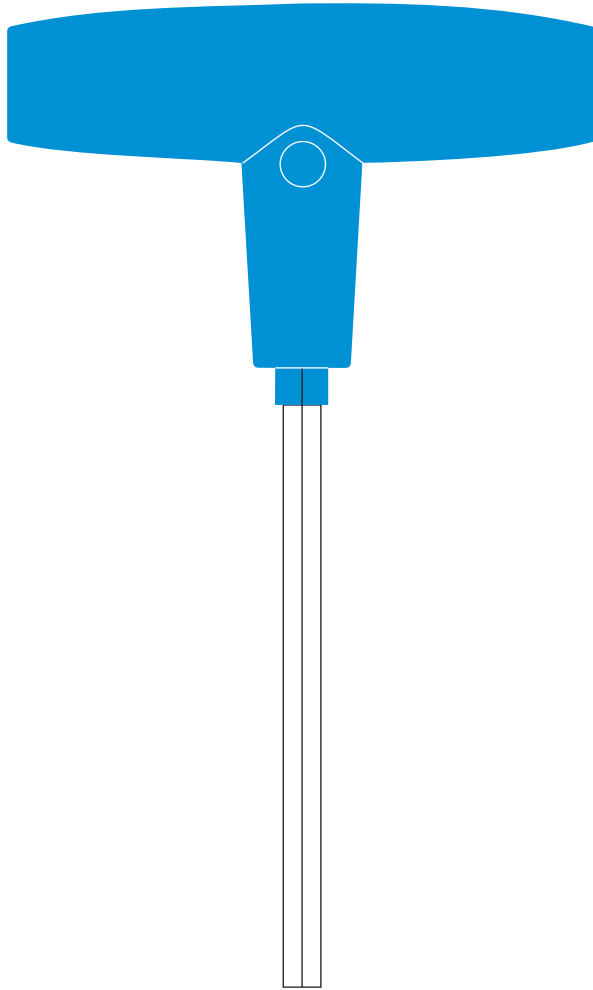
If any parts, hardware or tools are missing, please call 1.800.335.4348, Extension 12

NOTE: It is recommended that you apply grease to the threads of each screw as you assemble your Fitness Cycle, to prevent loosening and noise. Also, during each assembly step, ensure that ALL nuts and screws are in place and partially threaded in before completely tightening any ONE screw.

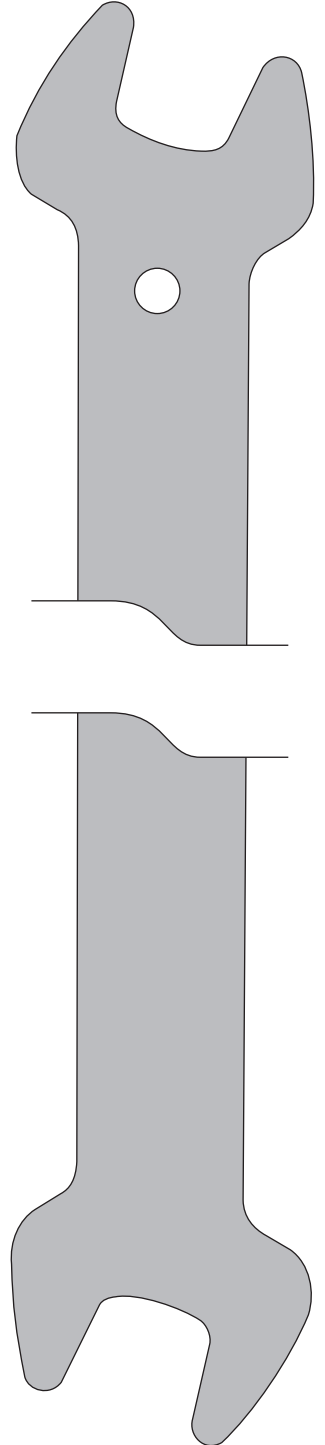


TOOLS & PARTS INCLUDED

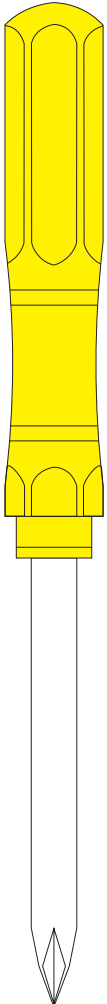
5^{mm} Allen Wrench



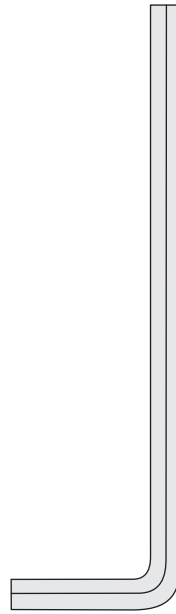
15^{mm} Pedal Wrench



Screwdriver



4^{mm} L-Shaped Wrench

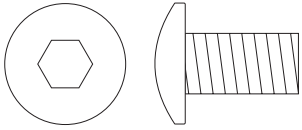


PARTS BOX

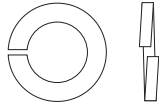
Console Mast Cover, Qty: 1
Pedals, Qty: 2
Seat Rail Cover, Qty: 1
Tension Knob and bracket, Qty: 1
Water Bottle and Cage, Qty: 1
Water Bottle Bracket, Qty: 1
Parts Bags
Assembly Guide
Owner's Manual
Warranty Card

HARDWARE INCLUDED

ORANGE BAG

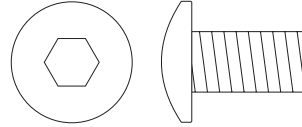


M8 x 15L Screw
Quantity: 4

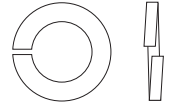


M8 Lock Washer
Quantity: 4

PINK BAG

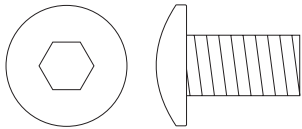


M8 x 15L Screws
Quantity: 4

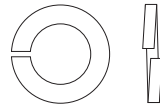


M8 Lock Washer
Quantity: 4

BLUE BAG



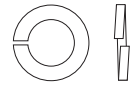
M8 x 15L Screw
Quantity: 3



M8 Lock Washer
Quantity: 3

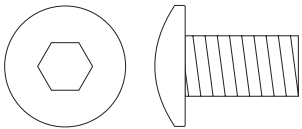


M6 x 55L Screws
Quantity: 8

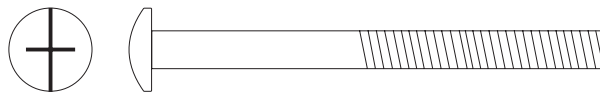


M6 Lock Washer
Quantity: 8

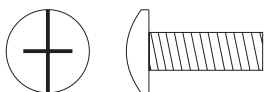
GREEN BAG



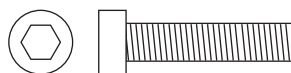
M8 x 15L Screw
Quantity: 5



M5 x 60L Screw
Quantity: 1



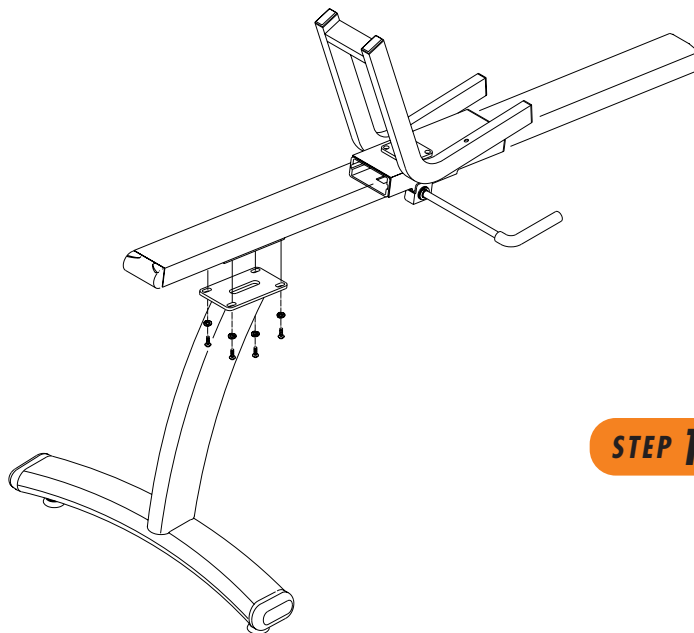
M5 x 15L Screw
Quantity: 2



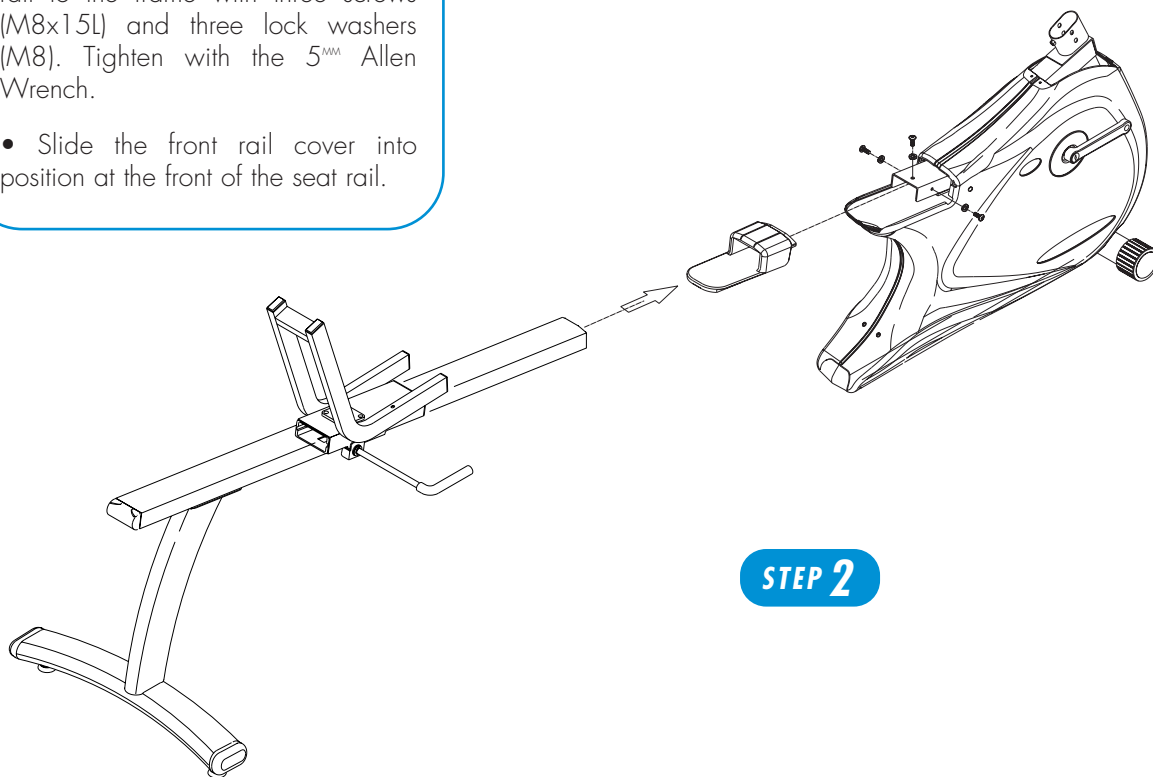
M5 x 22L CapScrew
Quantity: 2

STEP 1**ORANGE BAG**

- Slide the seat frame onto the seat rail.
- Connect the rail support to the bottom of the seat rail. Attach with four screws (M8x15L) and four lock washers (M8). Tighten with the 5^{MM} Allen wrench.

**STEP 1****STEP 2****BLUE BAG**

- Slide the front seat rail cover on the seat rail.
- Insert the front end of the seat rail into the frame bracket. Secure the seat rail to the frame with three screws (M8x15L) and three lock washers (M8). Tighten with the 5^{MM} Allen Wrench.
- Slide the front rail cover into position at the front of the seat rail.

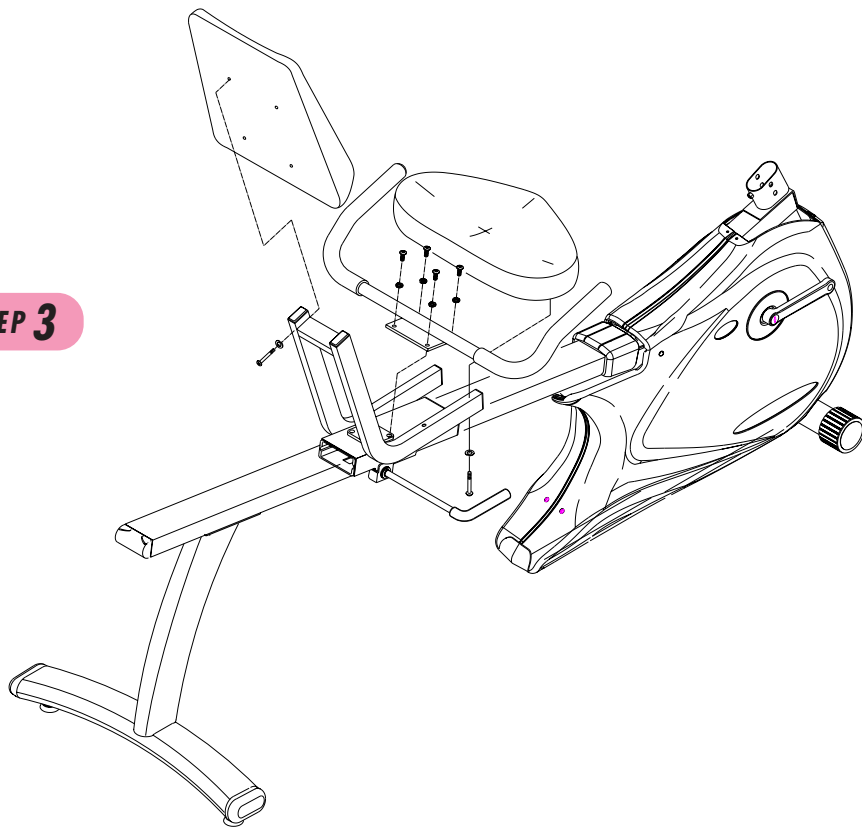
**STEP 2**

STEP 3

PINK BAG

- Put the seat handlebar onto the seat frame. Attach with four screws (M8x15L) and four lock washers (M8), using the 5^{mm} Allen wrench.
- Secure the seat cushions to the seat frame by inserting the eight screws (M6x55L) and eight lock washers (M6). Tighten with the 4^{mm} L-shaped wrench.

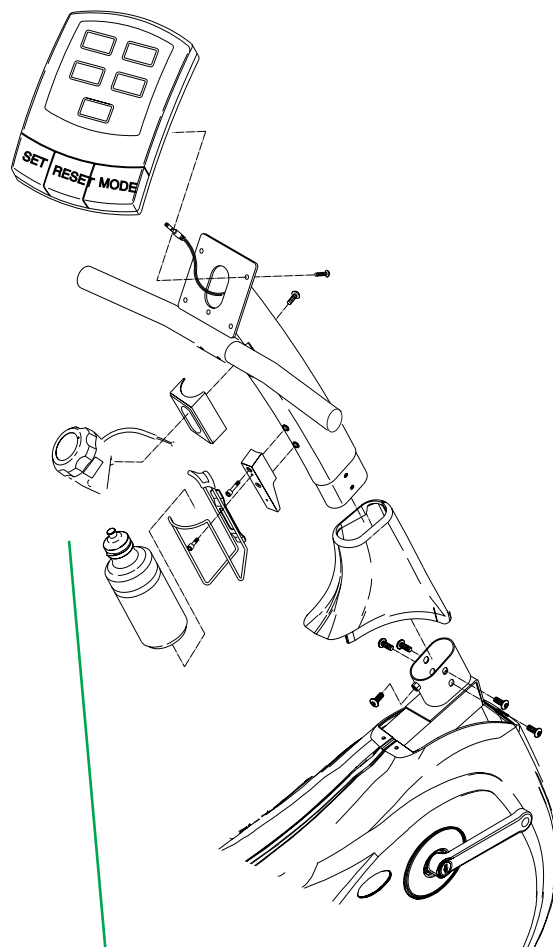
STEP 3



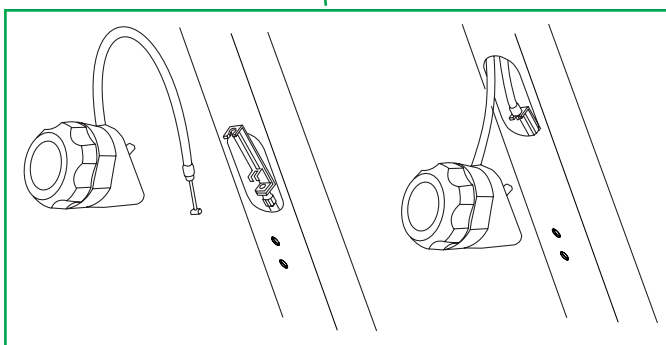
STEP 4

GREEN BAG

- Slide the mast cover onto the console mast.
- With the included wire tie, pull the console cable and sensor wire through the console mast. Place the console mast into the console mast mounting bracket. Secure the mast to the bracket with 5 screws (M8x15L) and lock washers (M8) and tighten with the 5^{mm} Allen wrench. **Note:** The screw facing the seat does not use a lock washer. Tighten this screw only until snug. Slide the console mast cover down over the screw heads.
- Turn the tension knob to level 15. Direct the cable on the tension knob through the tension knob bracket. Attach the cable to the tension cable located in the console mast. Secure the tension knob to the console mast with the screw (M5x60L) and screwdriver.
- Remove the four screws from the back of the console. Plug the sensor wire into the console. Mount the console onto the console mast with the four screws.
- Secure the water bottle bracket to the console mast with the 4^{mm} L-shaped wrench and two cap screws (M5x22L). Attach the water bottle cage to the bracket with two screws (M5x15L) using the screwdriver. Insert the water bottle into the cage.

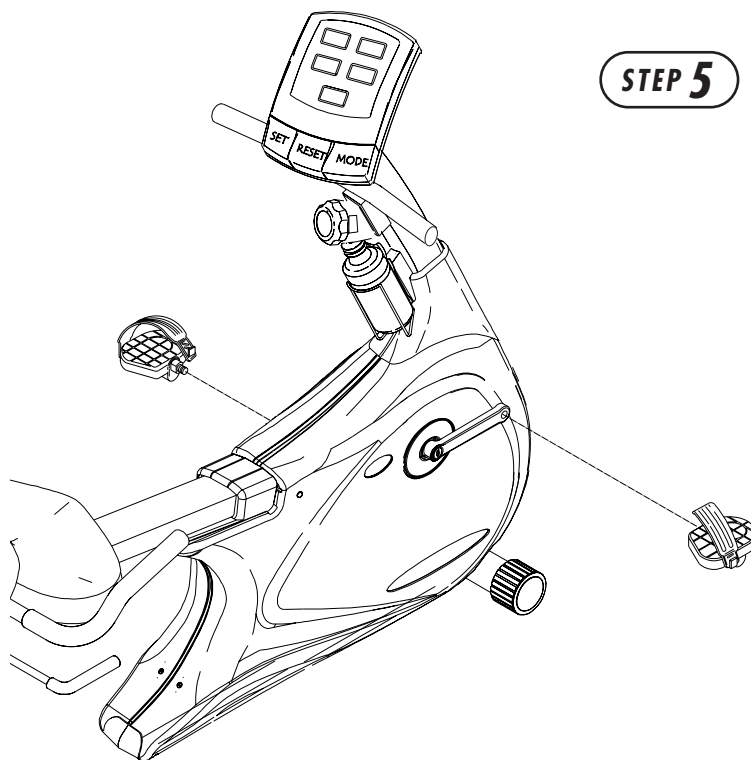


STEP 4



STEP 5**PEDALS**

- Attach the left and right pedals to the left and right crank arms. Tighten using the 15^{mm} pedal wrench.

STEP 5

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